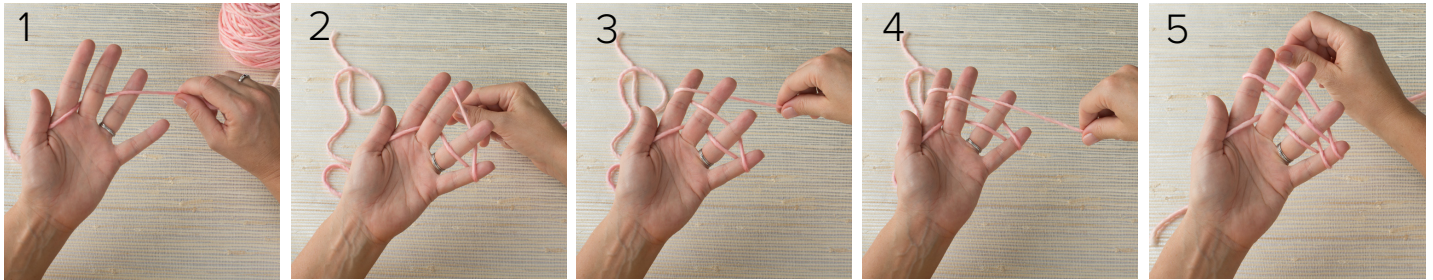


HOW TO FINGER KNIT - Four Fingers

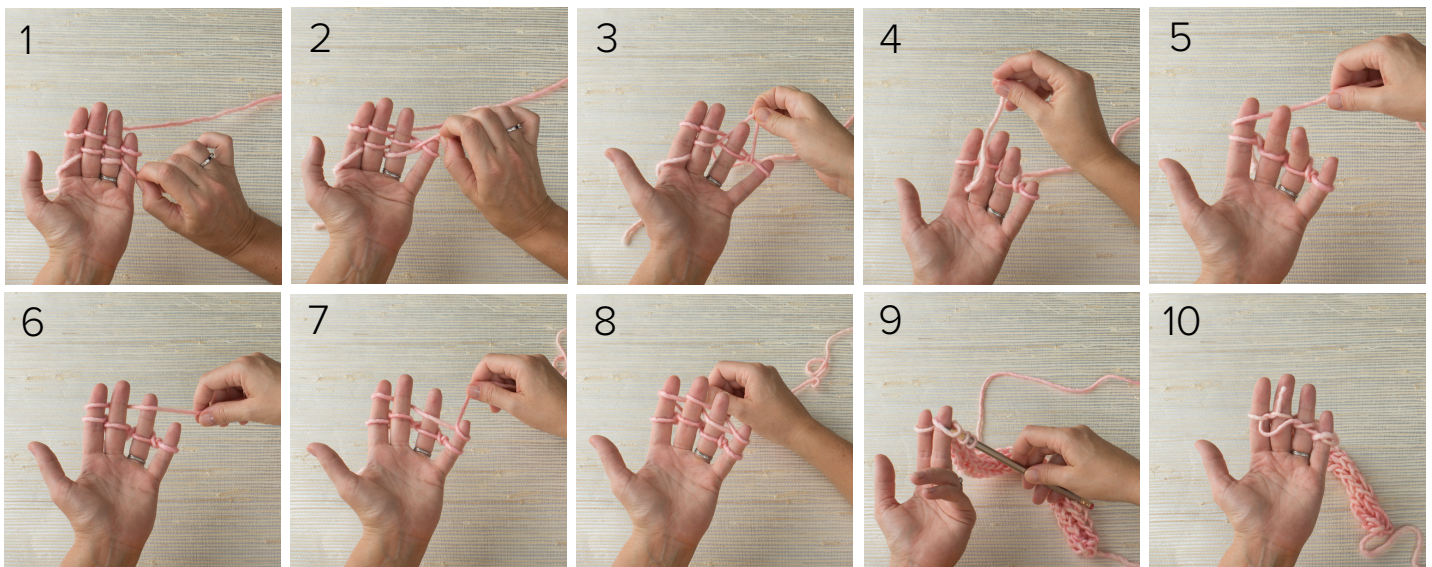
Finger knitting with four fingers is the most common type of finger knitting. You will wrap yarn around four fingers to create knit stitches. Finger knitting works in an over under pattern. If you've gone over a finger last, you'll go under or behind the next one.

casting on



Start by pinching the yarn between your thumb and your hand, letting the tail hang behind. Bring the working yarn between your forefinger and your middle finger to the back of your hand, behind your middle finger, back to the front of your hand and over your ring finger (1). Wrap the yarn around your pinky, and head back the other direction behind your ring finger and over your middle finger (2). Bring the yarn around your forefinger (3), and next, behind your middle finger and over your ring finger (4) and then, around your pinky (5). Next, bring the yarn behind your ring finger, and over your middle finger (6). Each finger should have 2 strands on it.

knitting, stopping in the middle and binding off



ROW 1: Starting with your pinky finger, pick up the lower strand (1), and bring it over the top strand and the top of your pinky (2). Next, pick up the lower strand on your ring finger and bring it over the top strand and the top of your finger (3). Repeat for your middle finger. Pick up the tail, which is lying across your forefinger, and bring it in between your forefinger and middle finger (4). Now that the tail is to the back, for future rows, the strand on your forefinger will be tighter around your finger like the rest of the stitches. If the stitches ride up your fingers, just push them lower.

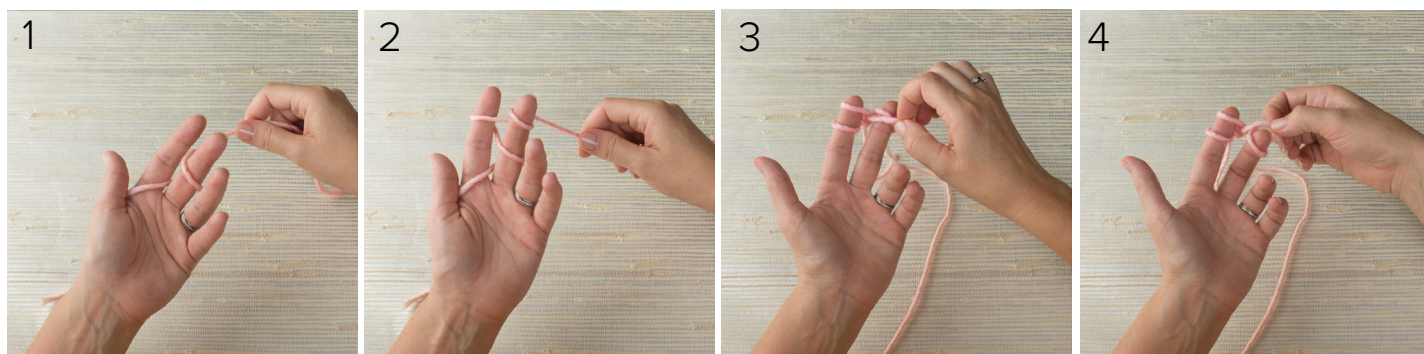
ROW 2: Rethread the working yarn across your fingers. Bring the working yarn around your forefinger (5), behind your middle finger (6), then over your ring finger and around your pinky (7), and finally behind your ring finger and over your middle (8). You should have two strands on each finger. Now pull the lower strands over the top as described in row 1. You can knit with the stitches at the base of the finger, however, it will give you more consistent stitches if you knit at mid-finger.

STOPPING IN THE MIDDLE: To take a break, feed a pencil through the loops from your pinky to your forefinger, moving from right to left (9). When you want to pick it up again, place the loops back on your fingers, starting with the forefinger.

BINDING OFF: Cut the working yarn and bring the end through the pinky loop, the ring finger loop, the forefinger loop, and, lastly, the middle finger loop (10); this is where the working yarn is extending from, so it is the last loop you want to tighten. Holding on to the working yarn, remove the stitches from your fingers. Pull the working yarn slowly to close the loops evenly.

HOW TO FINGER KNIT - Two Fingers

Two finger knitting works the same way as knitting with four fingers, only you are wrapping over and under just two of your fingers, your forefinger and middle finger. Two-finger knitting will create a narrower chain.



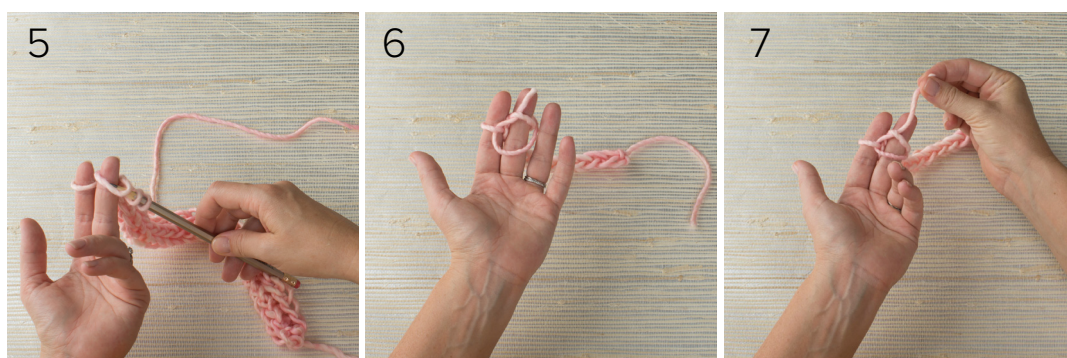
Cast on:

Start by pinching the yarn between your thumb and your hand, letting the tail hang behind. Bring the working yarn between your forefinger and middle finger to the back and wrap it around your middle finger (1). Then, bring the yarn behind and around your forefinger. Next wrap it around your middle finger (2). Each finger should have 2 strands on it.

Knitting:

Starting with your middle finger, pick up the lower strand (3), and bring it over the top strand and the top of your middle finger (4). Next, pick up the lower strand on your forefinger and bring it over the top strand and the top of your finger. Then, re-wrap the next layer of strands as in step 2 above. Continue to pull the lower strands over the top strands to make your finger knitting. (FOR THE VERY FIRST ROW, pick up the tail, which is lying across your forefinger, and bring it between your forefinger and middle finger. For future rows, the strand on your forefinger will be tighter around your finger like the rest of the stitches.)

You can knit with the stitches at the base of the finger, however, it will give you more consistent stitches if you knit at mid-finger.



Stopping in the middle:

To take a break, feed a pencil through the loops, moving from right to left (5). When you want to pick it up again, place the loops back on your fingers, starting with the forefinger.

Binding off:

Cut the working yarn and bring the end through the forefinger loop, and, then, the middle finger loop (6); this is where the working yarn is extending from, so it is the last loop you want to tighten. Holding on to the working yarn, remove the stitches from your fingers. Pull the working yarn slowly to close the loops evenly (7).